ORGANIZED TO PROMOTE THE ADVANCEMENT OF SAFETY & TRAINING IN THE OIL AND GAS INDUSTRY

# from the president

Greetings,

I am really excited and looking forward to serving as your President over the next year. I have been a member of the GCSTG for many years and have enjoyed the benefits personally and professional of this organization. As President-Elect in 2017, and as President now, I am happy to be able to give back to this great group of safety professionals. I am also looking forward to all members joining in on volunteer opportunities as they arise.

The week of February 12th, I attended an insurance conference in Florida. Quite honestly, between keeping up with the office, email, and my homework, I did not hear the news about the tragic school shooting until reaching the airport on my return home. Coincidentally, one of the conference breakout sessions was on mental health. While myself and other participants of the insurance conference were being provided information on this important topic, the rest of the country was discussing mental health issues as a contributing factor, if not the root cause, for the most recent school shooting. I have a lot of mixed emotions about the situation and theories that I will not go into at this time. However, the issue of mental health will be my topic today.

As SH&E professionals, we are required to handle health issues, such as occupational illness and workplace injuries. Some of us are also involved with drug and alcohol testing, including reasonable cause testing due to someone's "unusual" behavior. However, as safety professionals we live in a time when we are exposed to more stress, more health concerns, and more mental health issues than ever faced by those in our profession before.

I once sent a guy home because the behavior he was demonstrating led me to believe that he posed a risk to himself and his coworkers on the job. I was aware that he had recently gone through a very emotional personal event. Some of you might think that we as safety professionals have no business clocking someone out without medical training or authorization from a physician. Truthfully, I did have to defend my actions.

Continued on page 2

# notice of meeting

When: Friday, March 9, 2018

Where: Petroleum Club of Lafayette

111 Heymann Blvd. Lafayette, LA

Meeting Fees: \$30 for members & sponsored guests

\$40 for non-members and members not sending

an RSVP

(We accept cash or checks. We are NOT set up for

credit cards.)

RSVP Required by Thursday, March 8th, at 11:00 a.m.

You must RSVP to attend!

Email RSVP to genebarf@bellsouth.net

# meeting agenda

07:30 - 08:00 Registration, Continental Breakfast

08:00 - 08:30 Welcome & Self Introductions

08:30 - 08:45 Committee Reports

08:45 - 09:00 Networking / Break

09:00 - 0 9:45 Topic 1: "Biomechanics of Lifting and What

Companies Can Do to Reduce Back Injuries"

Speaker: Dr. Michael Odinet Company: XstremeMD

09:45 - 10:00 Networking / Break

10:00 - 10:45 Topic 2: Environmental Regulations Affecting

the Oil and Gas Industry Speaker: Leah Roger, President Company: Enviro-Sense

10:45 - 11:00 Networking / Break

11:00 - Until Round Table Discussion - Members seek

solutions to safety concerns and share

experiences

**Door Prize Drawing** 

Lunch and Continued Networking or Adjourn

### officers & committees

President  Edie Tranchinaedie.tranchina@versaintegrity.com  VERSA Integrity Group, Inc504-368-3122
President Elect Maria Champagne, CSP
maria.champagne@cabotog.com Cabot Oil & Gas Corporation281-589-4801
Secretary Buddy White
Treasurer Gene Barfield, CSPgenebarf@lusfiber.net GEB Consulting, Incorporated337-235-2544
GCSTG Corporate Administrator Jim Gunter, CSPljgunter@lusfiber.net J. G. Safety & Training Specialists, LLC 337-298-5626
Crawfish Boil / Membership Gene Barfield, CSPgenebarf@lusfiber.net GEB Consulting, Incorporated337-235-2544
Nominations & Elections Edie Tranchinaedie.tranchina@versaintegrity.com VERSA Integrity Group, Inc504-368-3122
Quality       Nic McCormicnic@dutyms.com       DUTY Management Systems337-385-9970
Regulatory Affairs  Laurie KnapeLaurie.Knape@gmail.com Safety Consultant713-296-6217
SafeGulf Edie Tranchinaedie.tranchina@versaintegrity.com VERSA Integrity Group, Inc504-368-3122
Speaker Arrangements Maria Champagne, CSPmaria.champagne@cabotog.com
Cabot Oil & Gas Corporation281-589-4801
Scholarship Jim Gunter, CSPljgunter@lusfiber.net J. G. Safety & Training Specialists, LLC337-298-5626
Science Fair – Chairman  Leonard Nederveld, CSPleonardned@gmail.com Safety Consultant
Lafayette Area Science Fair  Danny Viator
Houma Area Science Fair  Bill Womackbill.womack@anadarko.com Anadarko Petroleum Corporation985-448-1440, 713-409-4403
Houston Area Science Chuck Praznik
New Orleans Area Science Fair Kent Bordelonkent.bordelon53@gmail.com Safety Consultant504-559-7961

## from the presidency . . . . . . Continued from page 1

However, it was my opinion as a caring and concerned safety professional that the individual was exhibiting severe emotional distress and he was not "mentally" fit for duty. Furthermore, his crew would have been a risk if they were depending upon him to make smart choices. I am saying all of this to bring about awareness of the everyday risks that exist because of the possible instability of someone's mental health in the workplace. Not just the level that we hear about in the news, but, the everyday life stuff that increases the risk factors for those under our watch.

It is my intention that in the coming months that we go beyond networking once every other month to becoming a network of professionals that members can draw from when life hits their co-workers and peers. I will work diligently with the Executive Board and those who wish to volunteer to create a support system for our members, with clear communication as to the various resources available to our group.

One of the primary ways I wish to accomplish the mental health outreach is through Mental Health First Aid Courses. Their website is https://www.mentalhealthfirstaid.org. There are 3-day instructor courses available for you or someone in your company. There are 20+ instructors in the NOLA area, but they have not posted a schedule for any of the 8 hour classes. The instructors who are teaching the classes to the public charge between \$0 and \$30. Please check out their website and consider becoming a member of the National Council for Behavioral Health.

In the meantime, Maria Champagne will be working to arrange for a guest speaker on the subject, so we can provide more information as available. This will be part of the growing number of resources we hope to bring our members in the near future.

Edie Tranchina GCSTG 2018 President

# meeting minutes . . . .

The meeting was called to order on January 12, 2018 at 8:02 a.m. by Jim Gunter, President 2017. Jim reminded everyone of the locations of the emergency exits. The pledge of allegiance was conducted and was followed by a moment of silence for our military, members and families in need. Jim also announced a scholarship recipient Miss Kate Farrell, which attended the meeting. Committee Reports were presented then everyone introduced themselves and any new members. This was followed by the installing of new officers for GCSTG 2018.

Jim reminded everyone that this is a safety group and no sales/marketing solicitation is allowed. He also reminded the group that GCSTG is always looking for volunteers.

### **COMMITTEE REPORTS:**

### Membership / Crawfish Boil Report, Gene Barfield

- 187 members currently
- Finances can be found in the newsletter
- Crawfish Boil is planned for May 10, 2018
- Thanks to the members that come on a regular basis

#### Science Fair 2018, Leonard Nederveld

Looking for volunteers to judge 2018 Science Fair. There will be a Science Fair in Houston this year. Please contact the regional chair person in your area for more information.

Continued on page 3

## **meeting minutes** • • • Continued from page 2

#### Safe Gulf, Edie Tranchina

No report was given. We had a guest speaker speaking about SafeGulf.

### Regulatory Affairs, Laurie Knape

She was a guest speaker at this meeting and gave her report during this time. What other regulatory agencies that members may want to add to the report? A reminder the Regulatory Affairs Report is posted on our webpage (<a href="www.gcstg.com">www.gcstg.com</a>) and will not be emailed. On the webpage, click on regulatory affairs, then click on a word document. Once the document is opened, the internet link can be found in the far right column.

### Quality Committee, Nick McCormick

Dee Duhon with Lafayette Threaded will be the ASQ Chair for 2018. She is currently working on the business plan for 2018. If any companies would like to provide quality related training this coming year please contact Nic McCormic (nic@dutyms.com).

### Scholarship Activities, Gene Barfield

There was one recipient that received a scholarship in 2017. Miss Kate Farrell from Texas. Her major is in Play Writing. As of January meeting the scholarship fund is depleted. We are asking members for suggestion on fundraisers for 2018.

#### Nominations & Elections, Jim Gunter

Installing of new officers and giving outgoing officers appreciation gift for their service as GCSTG officers in 2017.

President – Edie Transchina

Vice-President - Maria Champagne

Secretary - Buddy White

Treasurer – Gene Barfield

Corporate Administrator – Jim Gunter

### Speaker Arrangements, Maria Champagne

Maria asked the group to send her any suggestions for future speakers for 2018 meetings.

# <u>1st Guest Speaker – Shelby Simpson, PEC Safety, "The New Wave of Employees"</u>

- Where Are We?
- How Did We Get Here?
- What Are the Risks?
- How Can We Protect Our Companies?
- What Are the Benefits?
- How Does It Work?
- What Is Contractor Management?
- Are We Ready?

# <u>2nd Guest Speaker – Pete Eustis, PEC Safety, "C.O.S.T. / SafeGulf</u>

- History of What Came First C.O.S.T (1200 to 2400 Contractors) and Operators Involved
- How SafeGulf Began to Now (450,000 to 500,000 Contractors) and Operators Involved

Continued on page 3

### CST&G Science Fair Committee Report March 9, 2018

All of the Regional Science Fairs are now completed and the results are given below. Thanks to all of the Regional Chairs and the judges that assisted them in the judging for jobs well done.

Chuck Praznik will be retiring from the Chair of the Houston Region for next year and Maria Champagne will assume that position. Thanks to Chuck for all of his work, and thanks to Maria for stepping up to take over.

We might even have a student attend the March meeting. Waiting on a final decision.

Region	Chair(s)	Judges	Winners
Lafayette	Danny Viator	Danny Viator, Ryan Lasseigne, Buddy White, Mr. & Mrs. Tony Petrose	<ul> <li>Is the water you are drinking: Basic, Acidic, or BH Balanced. By Judith Schlicher &amp; Cohen Schlicher</li> <li>Smoking is the key to Cancer by Emma Simon</li> <li>Germ Wars by Cecilia Cina</li> <li>It's A Germ Off by Sadie Hebert &amp; Ramsie Baumgardner</li> </ul>
Houma- Thibodaux	Bill Womack and Gary Clifton	Bill Womack, Keith Bowles, and John Garber, all from Anadarko	<ul> <li>Is It Safe by Christopher Taylor</li> <li>Dirty Air by Gai Gaines</li> <li>Common Forms of Getting Sick by Zuleyka Sue Ivcoy</li> <li>Sanitize Toothbrush by Conteca Cook</li> </ul>
Houston	Chuck Praznik	Chuck Praznik, Maria Champagne, and Vidhi Singhal	<ul> <li>Which Harness System is Safest? By Disha Bhattacharya</li> <li>Memory Recall: VR vs 2D by Dominic Villasenor</li> <li>Do Tinted Lenses Affect Eye Adjustment to Lower Light Levels? By William Draper</li> </ul>
New Orleans	Kent Bordelon	Kent Bordelon	Sing or Not to Sing by Jordyn Bordelon

Leonard Nederveld

**Science Fair Committee Chair** 

### **meeting minutes** • • • Continued from page3

### 3rd Guest Speaker - Mark," IADC. "IADC Rigpass to Go"

- The History of IADC Rigpass to Go
- Where It Is Going

# 4th Guest Speaker – Lourie Knape, Apache Corporation, "New documents coming out"

- API RP 75 for the Operators
- API RP 76 for the Contractors (Policy on the Nature of Your Work)

### Round Table, Maria Champagne

Maria opened the floor for the Round Table Discussion. The Round Table discussion is for members seeking solutions to safety concerns and share experiences.

- Chuck Simpson talked about false information on a resume. You need to check referrals and Certifications.
- David Duplentus talked about life boat drills need to be conducted.
- Dr. Michael Odinet talked about flu shots (flu vaccines protect against the three or four viruses (depending on vaccine) that research suggests will be most common.). Everyone needs to get the flu shot.

### **Meeting Close**

The meeting closed at 12:35 p.m. for lunch.

### **Next Meeting**

March 9, 2018

## treasurer's report

Treasurer - Gene Barfield, CSP

	Nove	mber 2017
General Fund		.\$61,435.03
Scholarship Fund		\$ 0.00
1		\$61,435.03

In order to better plan for the meeting, we are asking all members to reserve their spot at the meeting. This will allow us to accurately report to the facility how many people will need to be fed, assuring that enough food is prepared, and avoiding overpayment for food that is not eaten.

### Email your RSVP by Thursday, March 8th at 11:00am, to: genebarf@lusfiber.net

Please include in your email:

The date you send it, your name (required), whether or not you are attending and how many guests you will bring with a list of their names (required) and company names (required).

# membership report

<u>Category</u> <u>Count</u>
Air Service Companies1
Associations2
Contractor Production Operators11
Diving Service Companies3
Drilling Companies1
Governmental Services27
Independent Safety Consultants13
Industrial Medical Services10
Insurance Companies1
Marine Service Companies2
Oil/Gas Production Companies27
Safety Equipment Suppliers1
Safety/Training Services Companies19
Service Companies67
Support Services3
Universities-Safety Training2
Total 190

## **Welcome New Members**

CHRIS DETILLIER
PEC SAFETY

LEAH ROGER ENVIRO-SENSE

DAVID LAUGHLIN DRAX BIOMASS RANDALL TRAHAN W & T OFFSHORE, INC

COURTNEY RICHARD VERSA INTEGRITY GROUP, INC.

# **2018 Meeting Schedule**

Friday, March 9, 2018 Friday, May 11, 2018 Friday, July 13, 2018 Friday, September 14, 2018 Friday, November 9, 2018

